



NORTH GOWER PARTNERSHIP

Relationships and Sexuality Education

Growing Up



Information leaflet
for parents and
carers

The schools in the North Gower Partnership are participating in the Swansea Bay Healthy Schools and as part of this work we will be teaching Relationships and Sexuality Education through a consistent model.

The purpose of this booklet is to provide you with information of what will be introduced to the children.

Through out our lessons, the language we will be using is penis, testicles, breasts and vagina.

Relationships and Sexuality Education will be introduced to the pupils through:

- Circle time activities
- 'Growing Up' resources
- ABM Personal Development and Healthy relationships lessons
- Story books
- Curriculum subjects, e.g. Science, RE
- Personal and Social Education programmes
- Informally as opportunities arise in the classroom.



Reception, Year 1 and Year 2 lessons:

- Reception: Hand washing
(delivered by the school nurse)
- Year 1: Oral Health
- Year 2: Myself as a baby
Appropriate/Inappropriate touch

Year 3 and 4 lessons:

- Year 3: Personal Qualities
Friendship
Looking after Me.
- Year 4: My family
What is Love?
A new baby

Year 5 and 6 lessons:

- Year 5: What is puberty?
Puberty and conception
(delivered by school nurse)
Emotional changes during puberty
- Year 6: Puberty and conception recap
Conception to birth

If you wish to see any of the resources we will be using or for more information, please contact the school.



NORTH GOWER PARTNERSHIP

Learning Outcomes for Reception, Year 1 and Year 2

By the end of the Foundation Phase, pupils will be able to:

- Differentiate between appropriate and inappropriate touching.
- Use the correct words to name parts of the body in order to differentiate between male and female.



NORTH GOWER PARTNERSHIP

Learning Outcomes for Years 3 and 4

Following a series of lessons, pupils will:

- Understand the importance of their personal hygiene.
- Understand what to do or whom to go to when feeling unsafe.
- Take increasing responsibility for keeping the mind and body safe and healthy.
- Value families and friends as a source of mutual support.
- Develop respect for themselves and others.
- Understand how cultural and religious beliefs can affect the way people think.
- Respect difference and acknowledge the importance of equal opportunities.



NORTH GOWER PARTNERSHIP

Learning Outcomes for Years 5 and 6

Following a series of lessons, pupils will:

- Understand the reasons for the physical and emotional changes which take place during puberty.
- Learn about conception, pregnancy and birth.
- Understand the range of their own and others' feelings and emotions.
- Know what to do or who to turn to when they are not feeling safe.

