

What is Good about Me? – Personal Qualities

Year 3 – Lesson 1

LESSON OBJECTIVES/SKILLS:

- Developing thinking: form personal opinions and make informed decisions. Distinguish between facts, beliefs and opinions.
- Developing communication: express their views and ideas confidently through a range of appropriate methods.
- Working with others: make and maintain friendships and other relationships.
- Improving own learning: reflect on progress, identify strengths and weaknesses and set targets for improvement.
- To resist unwanted peer pressure and behaviour.
- To feel positive about themselves and be confident in their own values.
- To identify personal qualities.
- To appreciate the strengths and personal qualities of other people.
- To show care and concern for others and be sensitive towards their feelings.

LEARNING ACTIVITY/LESSON OUTLINE:

- Circle time activity; Turn to the person next to a child and introduce them. ‘This is They are good at..... ‘
- Show a template of a coat-of-arms shield. Discuss its purpose - e.g. to protect oneself.
- Ask children to think of four things they are good at. Draw and/or write these on each section of the shield.
- Feedback to class, choosing and saying one positive quality about themselves.
- This can be displayed on a class ‘Superstar’ display.

SKILLS ACROSS THE CURRICULUM:



KEY QUESTIONS:

What's special about me?

What's special about my friends?

RESOURCES:

- Paper for personal shield
- Colouring pens/felt pens
- Flipchart paper

ASSESSMENT – Learning Outcomes:

Can the child...

Identify personal strengths?

Appreciate the strengths and personal qualities of other people?

Show care and concern for others and be sensitive towards their feelings?

Reflect on progress, identify strengths and weakness and set targets for improvement?