

Hand Washing - School Nurse Delivery

Reception – Lesson 1

LESSON OBJECTIVES/SKILLS:

Pupils will:

- Have an awareness of what germs are.
- Have an awareness of why they need to wash their hands.
- Have an awareness of when they need to wash their hands.
- Have a practical demonstration on how to wash their hands.

LEARNING ACTIVITY/LESSON OUTLINE:

Presentation

Show children the presentation below (in resources section) and ask the following questions;

What are germs?

Where might they find germs?

Why do we need to wash our hands?

When do we need to wash our hands?

Practical demonstration

Demonstrate the hand washing technique referring to poster and step by step.

Consider using a willing pupil (with class teachers guidance) to demonstrate the technique at the front of the class.

Ask children to talk back through and copy the technique as demonstrated.

DVD and Story Time

DVD – Clean Crusaders

Worksheets

Story Time - I don't want to wash my hands/Golcha dy ddwylo

Song

KEY QUESTIONS:

What are germs?

When and how do we wash our hands?

RESOURCES:

- Presentation
- Hand washing poster
- Worksheets
- Hand washing song
- Pupil certificate
- Glow Box if available
- Bowl/ liquid soap/water/paper towels
- DVD

- Story time book - I don't want to wash my hands/Golcha dy ddwylo (Tony Ross)

ASSESSMENT – Learning Outcomes:

Can the child.....

Cater for most of their personal needs independently?

Explain what germs are?

Explain why they need to wash their hands?

Explain when they need to wash their hands?

Wash their hands?